

## Modern Retro 1



Yes, there is a “world” of beautiful threads out there, but sometimes a striking look can be created with the simplest of thread colors—just White and Black.  
In this stitch recipe, focus on the fun combination of stitches and create some great “Retro” looks!

### Supplies

- ❖ Base fabric and stabilizer (both Interfacing and Tear-Away as needed)
- ❖ White / Black Cotton Embroidery threads —remember embroidery threads should be 2-ply—30wt. threads were used.
- ❖ Topstitch needle—size 80/12
- ❖ Clear Embroidery Foot #39/39C
- ❖ Open Embroidery Foot #20/20C
- ❖ The following stitches were used - - -



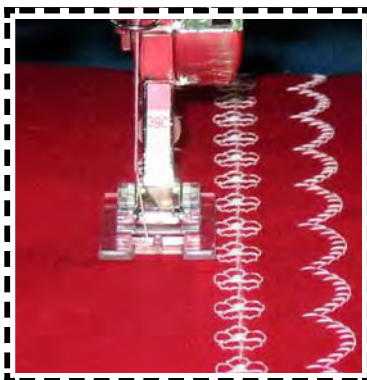
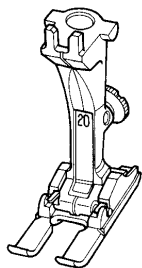
### Sew the Recipe

- ❖ Stabilize the fabric to be stitched. For lighter weight fabrics such as quilting cottons, fuse interfacing to the back of the fabric to add body.
- ❖ Add additional stitching support with an OESD Tear Away stabilizer. (Choose the appropriate weight for the fabric and stitches used.)

**Jill's Tip:** HTC Armo® Weft is awesome for this purpose!

Your fabrics will still remain soft and supple. They will just have more body to support your decorative stitch play.

- ❖ Attach either Embroidery Foot #20/20C or #39/39C.
- ❖ Crease or draw a central stitching line to sew on. Stitch the first stitch.
- ❖ Frame the first stitch with additional stitches, changing thread colors as desired.
- ❖ Remember that this type of recipe is sewn from the center out to the edges. Use the presser feet edges and/or markings for easy stitch spacing as shown below.



To find a corresponding or similar stitch on your machine, refer to the Stitch Conversion Chart—[BERNINA USA website](http://www.berninausa.com) > Sewing Studio > Basic Training > Stitch Conversion Chart